

OTHER EMERGENCY KITS

Basic Minimal First Aid Kit

- 2 pairs of Latex gloves (or other sterile gloves if you are allergic to latex)
- Sterile Dressings to stop the bleeding
- Adhesive Bandages in a variety of sizes
- Cleansing Agent or soap
- Antibiotic Ointment to prevent infection
- Burn ointment
- Tube of Petroleum Jelly or other lubricant
- Eye Wash solution to flush the eyes
- Triangle Bandage
- Waterless Alcohol Based hand sanitizer or Germicidal Handwipes
- Thermometer
- Scissors
- Tweezers
- Personal Medications including a list of all medications and dosages
- Non prescription drugs (Aspirin and non aspirin pain reliever, Anti diarrhea medication, antacid, laxative, Syrup of Ipecac)

Office Emergency Kit

Keep a backpack or tote bag under your desk for any emergency use.

In case of emergency you could be stranded at your office for several days. Plan for at least 72 hours.

- Blanket, flat sheet, pillow or sleeping bag
- Change of clothes, socks, shoes, undies
- Coat or Jacket
- First Aid Kit
- Flashlight & extra batteries
- Food - non perishable -
- Hygiene supplies - trial size lotions soaps, shampoo/ conditioner, toothpaste, toothbrush, mouthwash, toothpicks
- List of family names and telephone #'s
- Medications
- Sweet hard candy
- Towel, washcloth
- Water - clear liter bottles
- Whistle with lanyard to hang around neck

Car Survival Kit

Not all items are mandatory, but could prove useful. Always maintain at least 1/2 tank of gas!

- Bag of sand or rock salt
- Blankets or sleeping bag
- Bottled Water (2 Liter)
- Candles
- Car tool kit (pliers, screw driver, hatchet, folding shovel, wire saw, nails, twine, wire, tape, file)
- Clothes, including boots, socks, hat, etc.
- Compass
- Fire extinguisher (Standard class ABC)
- First aid kit and manual
- Flashlight & extra batteries
- Fold up Stove & fuel tablets
- Food - non perishable
- Gloves (work gloves & rubber disposable gloves)
- Ice Scraper for winter season
- Jumper Cables
- Map
- Matches
- Mirror
- Paper, Pencils
- Pre-moistened towels
- Portable radio & batteries
- Reflectors, flares
- Rope
- Sewing Kit
- Short rubber hose for siphoning
- Space blanket
- Tissues
- Tow Rope
- Waterproof matches
- Whistle
- Zip lock bags

