

## GIFT IDEAS FOR ALL OCCASIONS

*Things we can purchase and/or gather for friends and loved ones to help in hard times or in times of emergency.*

### Emergency and Camping Ideas:

Sleeping bags -30c	Dutch oven
Fire extinguisher	Cell phone
Coleman Gas Lantern	Chest cooler
Axe	Oil lamp
Tent	Blankets
Candles	Booster cables
Cord of firewood	Portable radio
Car emergency kit	Propane BBQ
Life jackets/Whistles	Rope ladder
Swimming lessons	First aid class
H2O purification tablets	First aid manual
Extra propane tank	First aid kit
Wash tub and board	Generator
Small, fireproof safe	Kerosene heater
Portable butane stove	Backpack
Disaster Preparedness book	

### Food Storage Ideas:

- Steel shelves
- Wheat grinder
- Wheat
- One-month supply kit
- Water containers
- Cases of soup, etc.
- Dehydrator
- Cook books
- Food storage books
- Honey
- Bread Machine

### Homemade Gift Ideas:

- Dry pack an assortment of grains, etc. for storage
- An assortment of jams or preserves
- Dehydrate an assortment of fruits
- A collection of favorite family recipes
- Copies of family photographs
- Copies of family genealogical records

### Stocking Stuffers:

- Whistles
- Swiss Army Knife
- Savings bonds
- 5 rolls of quarters
- Camping mirror
- Hunting knife
- Fishing lures
- Mutual fund deposit
- Manual can opener
- Packages of seeds
- Journal
- Flashlights/batteries
- Sewing kit
- \$10 phone card
- Compass
- Hand Warmers
- Rain Poncho
- Sewing Kit

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## FAMILY PREPAREDNESS SURVEY

	Y	N
1. Has your family rehearsed fire escape routes from your home?		
2. Does your family know what to do before, during, and after an earthquake or other emergency situation?		
3. Do you have heavy objects hanging over beds that can fall during an earthquake?		
4. Do you have access to an operational flashlight in every occupied bedroom? (use of candles is not recommended unless you are sure there is no leaking gas)		
5. Do you keep shoes near your bed to protect your feet against broken glass?		
6. If a water line was ruptured during an earthquake, do you know how to shut off the main water line to your house?		
7. Can this water valve be turned off by hand without the use of a tool? Do you have a tool if one is needed?		
8. Do you know where the main gas shut-off valve to your house is located?		
9. If you smell gas, do you know how and would you be able to shut off this valve?		
10. Gas valves usually cannot be turned off by hand. Is there a tool near your valve?		
11. Would you be able to safely restart your furnace when gas is safely available?		
12. Do you have working smoke alarms in the proper places to warn you of fire?		
13. In case of a minor fire, do you have a fire extinguisher that you know how to operate? (The fire department will test yours free of charge)		
14. Do you have duplicate keys and copies of important insurance and other papers stored outside your home?		
15. Do you have a functional emergency radio to receive emergency information?		
16. If you and your family had to evacuate your home, have you identified an outside meeting place?		

**IF AN EMERGENCY LASTED FOR THREE DAYS (72 HOURS)  
BEFORE HELP WAS AVAILABLE TO YOU AND YOUR FAMILY...**

	Y	N
17. Would you have sufficient food?		
18. Would you have the means to cook food without gas and electricity?		
19. Would you have sufficient water for drinking, cooking, and sanitary needs?		
20. Do you have access to a 72 hour evacuation kit?		
21. Would you be able to carry or transport these kits?		
22. Have you established an out-of-state contact?		
23. Do you have a first aid kit in your home and in each car?		
24. Do you have work gloves and some tools for minor rescue and clean up?		
25. Do you have emergency cash on hand? (During emergencies banks and ATM machines may be closed)		
26. Without electricity and gas do you have the means to heat at least part of your house? (think of how to cover broken windows)		
27. If you need medications, do you have a month's supply on hand?		
28. Do you have a plan for toilet facilities if there is an extended water shortage?		
29. Do you have a supply of food, clothing, and fuel where appropriate: For 6 months? For a year?		

## EMERGENCY PREPAREDNESS FAMILY ACTION PLAN

1. Be aware of the various disasters that may affect your area - earthquakes, fire, floods, drought, hurricanes, tornadoes, chemical or biological emergencies, etc. - and learn how to appropriately deal with each. Keep instructions and first aid manuals readily accessible.
2. Have an advance plan with all family members aware of how to get home if necessary.
3. Design an evacuation plan for your home with at least two ways to get out of each room. Write your plan down and practice it at least twice each year with your family.
4. Choose two places to meet after a disaster: one just outside your house, and the other away from your immediate neighborhood.
5. Keep copies of your work, local municipality and children's school emergency plans at home and wherever you spend a lot of your time.
6. Choose an emergency contact person outside your area. It may be easier to call long distance than locally after an emergency or disaster. Take a minute to contact that person to ask him/her to be your family's designated contact in case of emergency. Share the contact's name and number with everyone in the family.
7. Keep emergency and other important phone numbers posted by each phone in the house. Have at least one landline phone in your home, as cordless and cell phones may not work in an emergency.
8. Complete an emergency contact card for each person in the family to carry with them. Be sure to include your out-of-area contact information on each contact card.
9. Keep enough food, water and supplies in your home to meet the needs of your family for at least three days. Make an emergency supply kit to take with you in case of an evacuation. Keep it in an easily-accessible place. Make a smaller version of this to keep in your car.
10. Make a note on your calendar to review your plan every 6 months, update emergency numbers and check and rotate supplies.
11. Keep a whistle and a flashlight with fresh batteries in every bedroom.
12. Have smoke detectors on every level of your home and test them regularly.
13. Have appropriate fire extinguishers and know how to use them.
14. Know how to turn off your water, gas, and electricity where each enters your home and keep appropriate tools nearby.
15. Every family member should know by memory the phone number of: father's and/or mother's employment, a close friend or relative or church member.
16. Know where to go if local emergency sirens go off.
17. Keep important papers and documents in a file which can easily be taken with you in case of emergency.
18. Have a list of essentials to take with you in an emergency taped to a door for reference.
19. Always keep your gas tank at least half full.